

**ASTRÚVIA**

SAMPLE EXERCISE CONCEPT

Continuity in Motion

Practice movement, tracking, and receiving-site handoffs

FULL-SCALE / FLEXIBLE DURATION / HSEEP-ALIGNED DESIGN

HVA FOCUS**Severe weather**

THE OPENING SCENARIO

Severe weather creates a simulated need to relocate selected patients after a utility disruption. Staff deploy agreed equipment, move actors or manikins along approved exercise routes, and coordinate receiving-site handoffs in a controlled training setting.

WHAT TEAMS PRACTICE

- 1 Activate & organize**
Establish incident coordination, assign responsibilities, and stage participating personnel and resources.
- 2 Move & track**
Demonstrate preparation, movement, and accountability using simulated patients and approved routes.
- 3 Coordinate handoffs**
Work with transport and receiving partners to share status and complete documented transfers.
- 4 Account & stabilize**
Reconcile patient and resource records, identify remaining needs, and plan continuity and recovery.

THREE EXERCISE STAGES

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|---|--|---|
| 01 Activate & stage
Organize teams and resources. | 02 Move & receive
Deploy, track, and hand off. | 03 Reconcile & recover
Confirm status and next steps. |
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WHO TAKES PART

Facility leaders, clinical and support teams, preparedness, facilities, participating transport/EMS teams, and receiving partners.

PLANNED TAKEAWAYS

Evaluator observations, tracking and handoff findings, participant feedback, and an After-Action Report/Improvement Plan with assigned corrective actions.

Duration and scope follow the objectives, sites, and committed resources. Actual staff and equipment deployment requires site planning, controllers, evaluators, safety measures, and protection of live care. Agree on partner commitments and stop-exercise procedures before conduct.

Explore an exercise for your team

astruvia.net/inquire

Sample exercise concept. Adapt to your objectives, participants, and plans.
HVA context: Miami-Dade, 2024-2025; tailor locally.