



ASTRÚVIA

SAMPLE TABLETOP EXERCISE

Healthcare Cyber Disruption

Continuity of care during a technology outage

FLEXIBLE DURATION / 3 MODULES / HSEEP-ALIGNED DESIGN

THE OPENING SCENARIO

A shared technology service becomes unavailable, interrupting access to records and scheduling. A provider investigation and a suspicious local sign-in raise questions, but the cause, scope, and any connection remain unconfirmed. Teams work through the impact on care using their own plans.

WHAT TEAMS PRACTICE

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| 1 Activation & roles
Clarify response authority, escalation triggers, lead roles, and alternate communication methods. | 2 Continuity of care
Prioritize essential services, apply approved downtime procedures, and identify support needs. |
| 3 Information sharing
Separate facts from assumptions and coordinate timely, authorized updates for staff and partners. | 4 Recovery decisions
Agree on staged restoration checks, approval roles, reconciliation, and safe handoffs. |

A FACILITATED DISCUSSION IN THREE STAGES

01 Initial disruption

Assess impacts and activate.

02 Continuity pressure

Sustain care and coordinate.

03 Recovery decisions

Validate readiness to restore.

WHO TAKES PART

Healthcare leaders, clinical operations, IT/security, communications, preparedness staff, and relevant response partners.

PLANNED TAKEAWAYS

Documented observations and prioritized actions for an After-Action Report/Improvement Plan, with owners and timeframes.

Timing follows your objectives and audience: shorten or expand modules, or split them across sessions, while preserving discussion, evaluation, and debrief. In person, remote, or hybrid. Discussion only; no live systems or patient data.

Explore an exercise for your team

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Sample tabletop exercise. Adapt to your objectives, participants, and plans.