



ASTRÚVIA

SAMPLE EXERCISE CONCEPT

Workplace Safety & Continuity

A coordinated response to escalating behavior

TABLETOP / FLEXIBLE DURATION / HSEEP-ALIGNED DESIGN

HVA FOCUS **Workplace violence / threat**

THE OPENING SCENARIO

Repeated threatening behavior in a healthcare service area is reported through different channels. Staff seek assistance while leaders work through immediate safety needs, service disruption, and follow-up responsibilities under existing policies.

WHAT TEAMS PRACTICE

1 Recognize & report

Identify reporting routes, escalation thresholds, and the information needed for a coordinated response.

2 Request assistance

Clarify staff, supervisor, clinical, and security roles in applying approved safety procedures.

3 Sustain services

Plan coverage, patient communication, and continuity arrangements while supporting affected staff.

4 Follow through

Agree on incident documentation, staff support, review ownership, and corrective-action follow-up.

THREE EXERCISE STAGES

01 Recognize & share

Connect reports and concerns.

02 Respond & sustain

Coordinate safety and services.

03 Support & improve

Plan follow-up and learning.

WHO TAKES PART

Frontline and clinical staff, supervisors, security, human resources, preparedness, communications, and relevant support teams.

PLANNED TAKEAWAYS

Findings on reporting, role clarity, service continuity, and follow-up, with prioritized improvement actions, responsible owners, and target dates.

Flexible length and discussion depth. Use in-person, remote, or hybrid delivery with time for reflection and debrief. Fictional discussion only; no confrontational role-play or real case details.

Explore an exercise for your team

astruvia.net/inquire

Sample exercise concept. Adapt to your objectives, participants, and plans.

HVA context: Miami-Dade, 2024-2025; tailor locally.